

	Full Program \$2,500*	Online Membership \$500/year	Fit Kit Membership \$75/family**
All necessary program equipment (see attached PDF for full list of equipment)	✓		
Access to password-protected online curriculum and videos to train staff/volunteers in program implementation	✓	✓	
Access to the Fit Kids Video Library, comprising full body-weight workouts and “how-to” videos for fitness movements, as well as yoga and mindfulness practices	✓	✓	
Access to a separate section of five home workout videos and 30 “how-to” videos, using equipment from the Fit Kit (Online Program Members obtain the needed equipment by purchasing the Fit Kit described below.)	✓	✓	✓
Ongoing phone/email program support from Director of Programs throughout the year	✓	✓	
Fit Kids banner to hang at your location	✓	✓	
Two print copies of current curriculum book	✓		
Invitation to Fit Kids annual professional development training	✓	✓	
Site visit from Director of Programs	✓		
One Fit Kit, which includes a Resistance Loop, Resistance Band, a Poly Spot and a monthly workout calendar to guide students			✓

* Advance opportunity to renew your contract after first year at \$1,500/year (includes equipment replacement allowance)

** Additional fitness bags available for purchase for \$25/bag

For more information contact:

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